#

**Calle Virgen 3660 la Calma Zapopan 45070 México**

[www.centrocauce.org](http://www.centrocauce.org)

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# **PATIENT**

|  |  |
| --- | --- |
| Last name and name  |  |
| Birthdate  |  |
| Place of birth  |  |
| Sex |  |
| Address  |  |
| Home phone |  |
| Cell phone  |  |
| Email  |  |
| Facebook  |  |
| Profession |  |
| Weight and height  |  |
| Family situation  |  |
| Number of children  |  |
| How much budget can you invest each month in your health? |  |

THE WOUNDS OF CHILDHOOD

|  |
| --- |
| I |

|  |  |  |
| --- | --- | --- |
|  |  | I appreciate the help that comes in the present moment |
|  |  | I seek to be interesting - make myself love – accepted |
|  |  | Believe you don't have the right to exist |
|  |  | Believe me misunderstood - null or worthless |
|  |  | Difficulty incorporating the big me |
|  |  | I find different means to escape *(astral - sugar - sleep - drugs - alcohol ...)* |
|  |  | Lack of self-love |
|  |  | Lack of love and self-esteem for yourself |
|  |  | Lack of self-affirmation |
|  |  | Lack of self-esteem |
|  |  | Lack of physical - psycho-emotional and spiritual well-being |
|  |  | Lack of spiritual awareness |
|  |  | Lack of awareness spiritual reality |
|  |  | Lack of connection in the present |
|  |  | Lack of contact with creative power |
|  |  | Lack of creativity |
|  |  | Lack of spirituality |
|  |  | Lack of vital energy expression - creative potential |
|  |  | Lack of creative faculties |
|  |  | Lack of instinct |
|  |  | Lack of appreciation |
|  |  | Inability to recognize your true worth |
|  |  | I treat myself as null or void |
|  |  | Need to affirm or impose or say *"no"* |
|  |  | I don't believe in my right to exist |
|  |  | I don't listen to my needs |
|  |  | I don't love myself for what I am |
|  |  | I don't anchor myself in the here and now |
|  |  | I don't feel received – accepted |
|  |  | I don't feel my needs |
|  |  | I do not take the site with the responsibilities that this implies |
|  |  | I don't see my qualities, talents, abilities - what I do well |
|  |  | I want to be happy to be alive |
|  |  | I am reserved |
|  |  | Tendency to affective - repressive addiction |
|  |  | Tendency to allergies |
|  |  | Tendency to allergies *(food and hay fever)* |
|  |  | Tendency to insect allergies |
|  |  | Tendency to internal inferiority complex |
|  |  | Tendency to external superiority complex |
|  |  | Tendency to let my inner child live |
|  |  | Tendency to diarrhea |
|  |  | Tendency to flee from a situation |
|  |  | Tendency to flee from an uncomfortable situation that demands reassurance - take sides |
|  |  | Tendency to join the conversation of others |
|  |  | Tendency to go easily to the astral |
|  |  | Tendency to anorexia |
|  |  | Arrhythmia tendency |
|  |  | Tendency to the ability to make myself invisible |
|  |  | Tendency to devalue myself |
|  |  | Diabetes tendency |
|  |  | Hypoglycemic tendency |
|  |  | Tendency to creative imagination |
|  |  | Tendency to psychosis |
|  |  | Tendency to resistance to new situations |
|  |  | Tendency to resistance to change |
|  |  | Tendency to resistance to see all angles of a situation I live |
|  |  | Tendency to psychological resistance |
|  |  | Tendency not to recognize my value |
|  |  | Tendency to pass over wonderful things - through phases of great love to phases of deep hatred |
|  |  | Tendency to wonder what I do on this planet |
|  |  | Tendency to seek solitude |
|  |  | Tendency to reject aspects of life |
|  |  | Tendency to brutally reject the unknown |
|  |  | Tendency to reject advice - solutions |
|  |  | Tendency to reject daily |
|  |  | Tendency to reject pleasure |
|  |  | Tendency to reject *(symptoms phlegm lung – or stomach)*  |
|  |  | Tendency to unconsciously reject my body |
|  |  | Tendency to reject spirituality |
|  |  | Tendency to reject material problems |
|  |  | Tendency to reject everything that is material |
|  |  | Tendency to reject a new idea |
|  |  | Tendency to be indifferent to the material |
|  |  | Tendency to be rejected by others |
|  |  | Tendency to suicidal depression |
|  |  | Tendency to fear of being rejected |
|  |  | Tendency to panic fear |
|  |  | Tendency to perfectionism |
|  |  | Tendency to vomit |
|  |  | Cigarette addiction trend |
|  |  | Drug addiction trend |
|  |  | Addiction trend : *Game - movies - television - video games* |
|  |  | Anxiety addiction trend |
|  |  | Sugar addiction trend |
|  |  | Food addiction trend |
|  |  | Alcohol addiction trend |
|  |  | Coffee addiction trend |
|  |  | Withdrawal addiction trend |
|  |  | Sex addiction trend |
|  |  | Workaholism trend |
|  |  | Overall addiction trend |
|  |  | I am afraid to assert or impose myself or say *"no"* |
|  |  | I have skin and respiratory problems |

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| **II** |

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|  |  | Despite being in a relationship, you feel like you never get the love you need from your partner |
|  |  | I consider that I am not wanted |
|  |  | I think the cause of my sadness and inner loneliness depends on the other |
|  |  | When I have to make a decision, I ask for advice |
|  |  | When a relationship becomes intense, I do everything to end it |
|  |  | In my vocabulary I use the expression a lot: *I can't stand it* |
|  |  | Lack of love for life |
|  |  | Lack of spiritual strength |
|  |  | Lack of interest in sexuality |
|  |  | Lack of perseverance |
|  |  | Lack of wisdom |
|  |  | Lack of physical tone |
|  |  | Lack of muscle tone |
|  |  | Lack of courage |
|  |  | Unwillingness |
|  |  | It's hard for me to leave if for example I'm having a good time with friends, I want to extend the moment to the maximum possible |
|  |  | I lack tenacity |
|  |  | I feel lonely |
|  |  | I need help to hold on |
|  |  | I don't accept the negative |
|  |  | I don't appreciate the outside world |
|  |  | I don't let my inner child live |
|  |  | I don't enjoy life |
|  |  | I don't pay attention to what I need |
|  |  | I don't like to do activities or work alone; I need someone to hold me |
|  |  | I don't like life |
|  |  | I can't embrace life |
|  |  | I have no autonomy / independence |
|  |  | I have no physical - psycho-emotional and spiritual well-being |
|  |  | I have no interest in caring for others or myself |
|  |  | I don't have the ability to listen |
|  |  | I don't see the beauty of life |
|  |  | I think I can't do anything alone; I need someone who can hold me |
|  |  | I prefer to think that everything is going well so as not to be abandoned |
|  |  | I want to save the people I love if they have difficulties |
|  |  | If I do something for someone it is to receive affection |
|  |  | I feel like the other doesn't love me enough |
|  |  | Inner loneliness |
|  |  | I'm happy one moment then sad the next moment |
|  |  | I am dependent |
|  |  | I'm skinny |
|  |  | Tendency to abandon or abandon the other - or the projects that interest me a lot |
|  |  | Tendency to attract pity - attention |
|  |  | Tendency to create dramas, to dramatize everything |
|  |  | Tendency to crisis of hysteria |
|  |  | Tendency to start many projects and abandon them along the way |
|  |  | Tendency to emotionally blackmail to get what I want |
|  |  | Tendency to do or decide something alone |
|  |  | Tendency to make my body suffer |
|  |  | Tendency to do everything I can so that others are aware of me |
|  |  | Tendency to sex addiction |
|  |  | Tendency to agoraphobia |
|  |  | Tendency to bronchitis |
|  |  | Tendency to bulimia |
|  |  | Tendency to emotional dependence |
|  |  | Tendency to depression |
|  |  | Diabetes tendency |
|  |  | Hypoglycemic tendency |
|  |  | Tendency to myopia |
|  |  | Tendency to sadness |
|  |  | Tendency to repressed sadness coming from my childhood |
|  |  | Tendency to addictions |
|  |  | Tendency to cry easily especially talking about my problems and the tests that I have to overcome in life |
|  |  | Tendency not to walk straight |
|  |  | Tendency not to take care of myself |
|  |  | Tendency not to fulfill my projects |
|  |  | Tendency not to bear being rejected |
|  |  | Tendency to ask for advice, but don't follow it |
|  |  | Tendency to ask for much of the other |
|  |  | Tendency to sabotage my happiness |
|  |  | Tendency to feel motivated only if I feel supported and sustained |
|  |  | Tendency to feel alone |
|  |  | Tendency to be very hot with others |
|  |  | Tendency to be a victim |
|  |  | Tendency to have fragile adrenal glands |
|  |  | Tendency to have a bad back |
|  |  | Tendency to have suicidal thoughts |
|  |  | Asthma tendency |
|  |  | Tendency to bronchial asthma |
|  |  | Tendency to headache |
|  |  | Tendency to frontal headache from mental congestion |
|  |  | Tendency to occipital headache |
|  |  | Tendency to accuse people or even God of leaving me, when I have a problem |
|  |  | I need the presence - of care - of support and especially of support from the other |
|  |  | I have weak legs |
|  |  | I'm afraid of madness |
|  |  | I am afraid of death |
|  |  | I am afraid of loneliness |
|  |  | I am afraid of the authorities |
|  |  | I am afraid of emotions |
|  |  | I'm afraid of being abandoned |
|  |  | A part of my body has sagging or sagging: *breasts, belly, buttocks, scrotum in men* |
|  |  | Interior void |
|  |  | I see obstacles getting in the way of my projects |

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| **III** |

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|  |  | I know my needs, but I don't hear them |
|  |  | It is very rare that I am recognized for everything I do |
|  |  | Lack of joy |
|  |  | Lack of altruism |
|  |  | Lack of love without conditions |
|  |  | Lack of benevolence |
|  |  | Lack of compassion |
|  |  | Lack of communication |
|  |  | Lack of reconciliation |
|  |  | Lack of sweetness |
|  |  | Lack of enthusiasm |
|  |  | Lack of generosity |
|  |  | Lack of freedom |
|  |  | Lack of respect for the needs and freedom of others |
|  |  | Lack of sensitivity |
|  |  | Lack of sensuality |
|  |  | I do things to hurt or punish myself before others do |
|  |  | I do many things, but I do everything too much: *too much (or) food, work, drink, spend, talk, help ...* |
|  |  | I create situations in my day to day that force me to do things that do not correspond to my needs |
|  |  | I find it hard to receive |
|  |  | I am ashamed to undress in the daylight, with a new partner |
|  |  | I take care of many things |
|  |  | My body is thick and swollen |
|  |  | My body has excess fat |
|  |  | I don't enjoy life |
|  |  | I don't listen to my sexual needs |
|  |  | I am afraid of being ashamed when the other looks at me |
|  |  | I don't want to go fast |
|  |  | I don't live life fully |
|  |  | Pancreas problem such as diabetes and hypoglycemia |
|  |  | Erection and premature ejaculation problems |
|  |  | Leg and foot problems such as varicose veins, fractures, sprain |
|  |  | I want not to be accountable to anyone, not to be controlled by anyone, to do what I want when I want |
|  |  | I feel like a weight to my mother |
|  |  | I feel like I have a lot of energy blocked in my body |
|  |  | I feel satisfaction and pleasure in suffering |
|  |  | I am hypersensitive |
|  |  | Tendency to accuse me or accuse the other of not taking good care of the family |
|  |  | Tendency to accuse or humiliate me |
|  |  | Tendency to seek excuses and explanations |
|  |  | Tendency to seek to be considerate |
|  |  | Tendency to bear the blame for everything and bear the blame of others |
|  |  | Tendency to punish me believing that I punish the other |
|  |  | Tendency to compare myself with others |
|  |  | Tendency to compensate me with food |
|  |  | Tendency to believe myself unworthy of receiving compliments |
|  |  | Tendency to believe me heartless or inferior in relation to the other |
|  |  | Tendency to believe me dirty |
|  |  | Sprain tendency |
|  |  | Tendency to fractures |
|  |  | Tendency to merge |
|  |  | Tendency to make my body suffer |
|  |  | Tendency to do everything not to be free |
|  |  | Tendency to make me indispensable |
|  |  | Tendency to play the role of mother |
|  |  | Tendency to angina |
|  |  | Tendency to bulimia |
|  |  | Tendency to itch |
|  |  | Diabetes tendency |
|  |  | Hypoglycemic tendency |
|  |  | Tendency to laryngitis |
|  |  | Tendency to obsessive concern |
|  |  | Tendency to deep and unmotivated concern |
|  |  | Tendency to shame |
|  |  | Tendency to shame at the sexual level |
|  |  | Tendency to varicose veins |
|  |  | Tendency to worry |
|  |  | Tendency to worry about the future |
|  |  | Tendency to worry about sexuality |
|  |  | Tendency to worry about things |
|  |  | Tendency to disgust myself |
|  |  | Tendency to ridicule or ridicule others |
|  |  | Tendency to be the slave of the house |
|  |  | Tendency to masochism |
|  |  | Tendency to servility |
|  |  | I have a load on my back |
|  |  | I am afraid of being ashamed of the people that I have next to me or of myself |
|  |  | I am afraid of freedom |
|  |  | I am afraid of not knowing how to manage freedom and I do everything not to be free |
|  |  | I am afraid of losing control |
|  |  | I am very afraid of being discovered when I masturbate |
|  |  | I am very afraid to live without limits |
|  |  | I have cardiovascular problems |
|  |  | I have frozen shoulder problems |
|  |  | I have heavy leg problems |
|  |  | I have hot feet problems |
|  |  | I have back problems |
|  |  | I have a throat problem |
|  |  | I have thyroid problems |
|  |  | I have liver problems |
|  |  | I have respiratory problems |
|  |  | I have chronic respiratory problems |
|  |  | I have strains in my neck, throat, jaws, and pelvis |
|  |  | I live or have experienced shameful situations in the family that should be kept secret, such as the suicide of a family member, homosexuality, illnesses, etc. |

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| **IV** |

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|  |  | I am looking for loving relationships where the other is not free to commit |
|  |  | I want to control everything |
|  |  | Lack of love without conditions |
|  |  | Lack of authenticity in everything |
|  |  | Lack of trust from others |
|  |  | Lack of confidence in life |
|  |  | Lack of trust in others |
|  |  | Lack of faith |
|  |  | Lack of fidelity |
|  |  | Lack of frankness |
|  |  | Lack of generosity |
|  |  | Lack of indulgence |
|  |  | Lack of integrity |
|  |  | Lack of patience with slow people |
|  |  | Lack of simplicity |
|  |  | Lack of sociability |
|  |  | Lack of tolerance |
|  |  | I do everything not to put myself in a situation of confrontation |
|  |  | I do my best to be responsible, strong, special and important person |
|  |  | I do everything by myself |
|  |  | I get upset when someone takes a long time to explain something or understand something |
|  |  | I trust myself hardly |
|  |  | I quickly create an opinion about people or about a situation |
|  |  | I find it difficult to explain to someone how to do something in case the other person is slow to learn |
|  |  | I loved falling in love and especially enjoying the passionate phase of the relationship |
|  |  | I like to lead others |
|  |  | I like to always have the last word |
|  |  | I take care of the things of others; I think about the duty to help them organize their lives |
|  |  | I feel insulted if someone takes care of my affairs without my permission |
|  |  | My mind is very active |
|  |  | Many times, my sex life is unsatisfactory |
|  |  | I do not accept others as they are |
|  |  | I don't trust easily |
|  |  | I don't like not knowing how to answer a question, that's why I like to know different arguments |
|  |  | I don't like having debts and if I do, I want to pay them as soon as possible |
|  |  | I don't show my vulnerability |
|  |  | I don't always do what I say |
|  |  | I do not have time to lose |
|  |  | Good reputation is very important to me |
|  |  | I prefer to have a friendship relationship more than a couple |
|  |  | If I do something important, I forget to eat |
|  |  | I'm attached to the results |
|  |  | Tendency to accuse the other of being irresponsible |
|  |  | Tendency to seek to be special and important |
|  |  | Tendency to punish me |
|  |  | Tendency to punish myself by doing everything by myself |
|  |  | Tendency to eat fast |
|  |  | Tendency to control - dominate - manipulate |
|  |  | Tendency to believe me very responsible - strong |
|  |  | Tendency to fulfill commitments to myself |
|  |  | Tendency to fulfill projects |
|  |  | Tendency to diarrhea, sexual impotence, bleeding ... |
|  |  | Variable mood tendency |
|  |  | Tendency to interrupt the other many times and answer before the other has finished |
|  |  | Tendency to self-denial |
|  |  | Tendency to agoraphobia |
|  |  | Tendency to disloyalty |
|  |  | Tendency to spasmophilia |
|  |  | Tendency to paralysis |
|  |  | Tendency to lie saying that I thought about the situation when I actually completely forgot |
|  |  | Tendency to lie easily often |
|  |  | Tendency to lie so as not to lose my reputation |
|  |  | Tendency to not keep promises or to make excuses |
|  |  | Tendency not to take my responsibility |
|  |  | Tendency to lose confidence in others |
|  |  | Tendency to deprive myself of good times for myself |
|  |  | Tendency to knee, joint and flexibility problems |
|  |  | Tendency to inflammatory problems |
|  |  | Tendency to want to control everything |
|  |  | Tendency to be defensive, suspicious, intolerant |
|  |  | Tendency to be the center of attraction |
|  |  | Tendency to be seductive |
|  |  | Tendency to always be right |
|  |  | Tendency to try to convince the other |
|  |  | Tendency to verify what the other has done |
|  |  | Tendency to excessive appetite |
|  |  | Tendency to selfishness |
|  |  | Tendency to skepticism |
|  |  | Cold sore tendency |
|  |  | I have difficulty living the separation |
|  |  | I have digestive system disease |
|  |  | I have inflammatory disease |
|  |  | I have the impression that my partner is cheating on me |
|  |  | I'm afraid to compromise |
|  |  | I am afraid of dissociation |
|  |  | I am afraid of denial |
|  |  | I am afraid of separation |
|  |  | I am afraid of losing control |
|  |  | I am afraid of commitment |
|  |  | I have a hard time making a choice if I think I might lose something |
|  |  | I have high expectations for the future |
|  |  | I have my beliefs and I hope others will follow me |
|  |  | I have a strong personality |
|  |  | I use a lot of salt and spices |

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| **V** |

|  |  |  |
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|  |  | Lack of openness to others |
|  |  | Lack of mental openness |
|  |  | Lack of authenticity |
|  |  | Lack of mental clarity |
|  |  | Lack of concentration |
|  |  | Lack of flexibility |
|  |  | Lack of divine justice |
|  |  | Lack of peace |
|  |  | Lack of precision |
|  |  | Lack of reflection |
|  |  | Lack of sensitivity |
|  |  | Lack of liveliness of the spirit |
|  |  | I have received an education too rigid or with many taboos |
|  |  | I have a hard time relaxing |
|  |  | It is difficult for me to let myself be loved and demonstrate my love |
|  |  | I do not accept others as they are |
|  |  | I don't think I receive what I deserve or that I receive more than I think I deserve |
|  |  | I don't accept myself as I am |
|  |  | I don't allow myself to make mistakes |
|  |  | I don't feel appreciated or respected in my fair value |
|  |  | I do not show my condition |
|  |  | I don't show my sensitivity |
|  |  | I can't express love |
|  |  | I can't express professional fatigue |
|  |  | I can't express my feelings and my feelings |
|  |  | I can't express that I have a premature ejaculation problem |
|  |  | I don't recognize my limits |
|  |  | I don't respect my limits |
|  |  | I am very optimistic; my favorite phrase is *"no problem"* although inside I am distressed or overwhelmed |
|  |  | Tendency to accuse or judge others |
|  |  | Tendency to block my success |
|  |  | Tendency to control myself |
|  |  | Tendency to believe that I am appreciated for what I do and not for what I am |
|  |  | Tendency to criticize excessively |
|  |  | Tendency to criticize severely |
|  |  | Tendency to criticize me |
|  |  | Tendency to criticize me internally |
|  |  | Tendency to often cross my arms |
|  |  | Tendency to doubt my choices |
|  |  | Tendency to overwork |
|  |  | Tendency to make me suffer |
|  |  | Tendency to justify myself |
|  |  | Tendency to anorgasmia in women |
|  |  | Tendency to negative criticism |
|  |  | Tendency to disappointment when the other does not meet my expectations |
|  |  | Tendency to relational difficulty |
|  |  | Tendency to inflammatory disease |
|  |  | Tendency to demand with myself |
|  |  | Tendency to coldness with the other |
|  |  | Tendency to impotence |
|  |  | Tendency to anger |
|  |  | Tendency to stiff neck |
|  |  | Tendency to stiffness in my body |
|  |  | Tendency to general stiffness |
|  |  | Tendency to mental rigidity - attitudes or behaviors |
|  |  | Tendency to muscle stiffness |
|  |  | Tendency to shame when you lose control |
|  |  | Hemorrhoid tendency |
|  |  | Tendency to varicose veins |
|  |  | Tendency to abdominal cramps |
|  |  | tendency to menstrual cramps |
|  |  | Tendency to muscle cramps |
|  |  | Tendency to circulatory problems |
|  |  | Tendency to skin problems |
|  |  | Tendency to liver problems |
|  |  | Tendency to nerve problems |
|  |  | Tendency not to see my qualities - what I do well |
|  |  | Tendency to hide my sensitivity |
|  |  | Tendency to ask me a lot |
|  |  | Tendency to vision problems |
|  |  | Tendency to laugh for nothing |
|  |  | Tendency to be cut off from my sensitivity |
|  |  | Tendency to be unfair to me |
|  |  | Tendency to have a stiff neck |
|  |  | Tendency to excess optimism |
|  |  | Tendency to poor vision |
|  |  | Tendency to live in a state of frequent anxiety |
|  |  | Tendency to constipation |
|  |  | Tendency to excess stress |
|  |  | Tendency to insomnia |
|  |  | Tendency to chronic insomnia |
|  |  | Tendency to insomnia due to anguish and loneliness |
|  |  | Tendency to insomnia due to stress |
|  |  | Tendency to childhood insomnia *(diffusion)* |
|  |  | Tendency to nervous insomnia |
|  |  | Tendency to nervousness |
|  |  | Tendency to excessive order |
|  |  | Tendency to perfectionism |
|  |  | I have difficulty asking for help |
|  |  | I'm afraid of coldness |
|  |  | I am afraid of making mistakes |
|  |  | I'm afraid of being wrong |
|  |  | I'm afraid of being judged |
|  |  | I have a rigid behavior |